RANDOLPH NETGHBORS

Photo courtesy of Tom Neely Photography

DEBORAH OLIVO BELIEVES CHALLENGES HAVE MADE HER STRONG

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July 2020



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December 20	February
January 20	March
February 20	April
March 20	May
April 20	June
May 20	July
June 20	August
July 20	September
August 20	October
September 20	November
October 20	
November 20	January
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Dear Residents,

I know this pandemic has been tough for everyone, and I sincerely hope that by the time you read this, the world has returned to at least some sense of normalcy. At least the weather is warm and sunny now that it's July. Maybe even a little too warm, and you'd like to relax under a nice shade tree or in your air conditioned house.

While you do, please make sure you have your July issue of Randolph Neighbors close by. We have so much great content this month, including some awesome COVID stories. You can read about two juniors at Randolph High School who started weekly online cooking classes to help keep some of our younger residents occupied. And with the small fee they've charged, they've helped provide thousands of meals through Feeding America.

There's also a nine-year-old Randolph citizen who is making masks and donating the fees to her church. And the masks are washable and reusable, making them environmentally friendly.

Happy July to all. Enjoy the long weekend for Independence Day!

Sue Toth Content Coordinator stoth@bestversionmedia.com



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FULLERTON

DEBORAH OLIVO BELIEVES CHALLENGES HAVE MADE HER STRONG

By Sue Toth

" oday, we have a new beginning, a new start, to inspire health by connecting, our family, for our community, and our planet." Deborah Olivo Franqui, CEO, Healthy Living of Aromatic Therapy LLC is a Randolph resident and a proud business owner in New Jersey.

Deborah and her family first came to Randolph after her sister drew the family into this beautiful area when they purchased a home in the Mt. Freedom section of Randolph. "Her home butted up directly on the Randolph Trails. It was a scene of quiet, pastoral beauty that beckoned to my mother's childhood dream of a home. So, after some house hunting, we found a beautiful home in the idyllic section of Ironia. We love the serenity and peaceful comfort of the area. We fell in love with all of the preservation of nature, trees and, plant life in Randolph, naturally!

Inspired by "My grandmother's love for plants, Randolph lends the perfect environment for me who has a strong influence on the use of natural medicine and healing. I wanted to have the fortitude and daring of my grandmother, Belen Franqui, and the resilience and staying power of my mother, Flor Olivo Gonzalez. I saw myself as an acorn amongst towering oaks.

"My maternal grandmother loved wearing flowers in her hair. After her marriage, she had planned to buy a farm, and her husband became ill and died leaving her with 3 children and 5 months pregnant with their 4th. The only way for her to provide for her family was to leave her country. Her mother cared for her children and my grandmother made her journey to 'the land of opportunity', not knowing the language or having any formal employment experience. She found work in a factory, saved money, found an apartment, and sent for her children. My Grandmother made her way, on her own, during a time when it was difficult for a single woman to take care of a family without a husband."

Deborah's family is extended by Sophia, her cat, a beautiful



black domestic long hair with gold eyes. "Sophia sashayed into my life. She was the runt, very shy, barely weighed three pounds and, was all ears. I recently inherited another cat, sweet in temperament and disposition and his name is Dexter. And they complete our happy Randolph home with their playful meandering, curiosity, and melodious and conversational meows," she said.

Randolph is a quiet, stable community where neighbors and families take pride in their homes and surroundings.

"It is the atmosphere of security and support that influenced our decision to establish our home in this beautiful town, Randolph. The lovely neighborhoods and homes, the friendly restaurants, the quaint stores, the proximity to major roads and, larger towns like Morristown that lends itself to entertainment and shops. Another added perk to living in Ironia is that we are not far from Mendham and Chester (both noteworthy for their seasonal weekend fairs, charming shops, and awesome restaurants) or the Great Swamp, all great areas," she added.

Deborah, enjoys aromatherapy as a hobby, as a result of







Debbie Olivo's sisters Linda Foster and Lucy Melendez

a passion. "I spend hours mixing recipes for every area of usage in the home, office, travel, vacation, sports activity, you name it! And, I love to share what I have discovered to help those in need and who can benefit from their proponent to ease pain, stress, and anxiety, as well as protect our health and boost our immune system," she said.

Deborah attended Fordham University under the Mellon program and chose not to complete the program. Later, Deborah decided to explore a Certification as a Neuromuscular Therapist from Cortiva Institute (formerly SSMT Institute). "As a Neuromuscular Therapist, I learned a specialized skill to work specifically on patients. "I mitigate aromatherapy and the use of essential oils to heal and treat chronic pain and discomfort through holistic and natural modalities.

"In line with this organic mindset, I did not want to use harsh chemicals, or alcohol to disinfect due to negative side effects on humans, animals or, our environment. Necessity is the mother of creation, (this was about 20 years ago), so I created a non-toxic recipe of essential oils to naturally purify

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the air and organically sanitize surfaces, as well as calm and relax without a disagreeable odor. I created my formula at a time when Green was just a color and before it became a lifestyle," Deborah said.

She had no idea she was decades ahead of her time, until now, when the world is facing yet another crisis with COVID-19. "VidaAire was created

from a commitment for a healthier life, for our families, our communities, and our planet without harsh chemicals," Deborah said.

As part of that commitment of giving, Deborah has participated in some activities as a Sponsor for the Arthritis Foundation, Walk to Cure Arthritis, Volunteer - chair massage for the Department of Oncology, Breast Cancer, Robert Wood Johnson, and fundraising for The Hugs Foundation, Crisis Center to stop Child Abuse. Drawing on an ancestry rich in the history of plants and flowers, I was able to recreate and redirect that knowledge to the VidaAire® Collection," Deborah said.

Deborah Olivo truly believes that challenges are meant to make us strong. New Jersey strong that is! Right: Debbie Olivo's cat Sophia Below: Debbie Olivo's cat Dexter





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DESIRE TO HELP STARTS YOUNG

By Sue Toth

Even at the tender young age of nine, Randolph's Adriana Termini knew she wanted to help out during the pandemic. The Shongum Elementary School student decided that since everyone needs to wear masks, she would start making them.

Not only did she start making the masks, she started the Masks of Hope initiative in Randolph. Adriana is selling the masks, which are available for \$10 each (or more, if possible). All funds she raises will support the COVID-19 Financial Impact Fund at Liquid Church, Morris County campus (https://liquidchurch.

com/relief), and the Interfaith Food Pantry and Resource Center of Morris County.

Adriana's masks consist of two layers of breathable 100% cotton fabric (denim), a built-in aluminum nose bridge for improved comfort, and adjustable elastic bands. Buyers can choose between two sizes (large and small) in color combinations of grey/white, white/beige, grey/beige colors. She and her parents deliver the masks to Randolph residents using contactless delivery.

Adriana's masks are reusable and good

for the environment, because they don't end up in a landfill after a couple of days, and can be recycled for other purposes, like doing work around the house.

Adriana's parents felt that doing something for our community in these uncertain times was important. As parents, they saw value in motivating their children to feel empathy and spend their extra free time working on a constructive, collaborative activity.

Adriana enjoyed thinking about and organizing the various "stations" in the assembly line needed to make the masks. She directed her parents and supervised each step, while telling us stories or listening to audiobooks by Judy Blume.

"Daddy helped me setup all the materials and tools," Adriana said.

She did have some advice for would-be mask makers.

"Making masks takes patience and creativity. Don't get discouraged if your first few attempts don't go as planned," she said. We went through a few old sheets and jeans before we found a mask design that we really liked. Don't be afraid of making mistakes and experimenting."

When she's not making masks, Adriana plays soccer and basketball. She is taking piano lessons and loves to use her building blocks to imagine new adventures. She wants to be a baker and an actress when she grows up and find ways to help other people.

In addition, Adriana is growing an apple tree from the seed. She is trying to learn Italian and already knows a few interesting gestures.





RANDOLPH ROADS -KEEPING RESIDENTS MOVING

From The Mayor's Desk

By Christine Carey

The 145 miles of roads that wind through Randolph are important to all of us as we travel each day to work, to school and everywhere we need to go, so it's critical that these roads are properly maintained. Overall, the road maintenance in Randolph is the result of the combined efforts of the State of New Jersey, Morris County and Randolph Township, with the vast majority of the responsibility falling on the Randolph municipal organization.

The State of New Jersey's responsibility is limited to maintaining the six miles of Route 10 that run through Randolph. Another 20 miles of roads, including Sussex Turnpike, portions of Canfield Avenue, Millbrook Avenue, Center Grove Road, Schoolhouse Road and others, are county roads that are maintained by Morris County. The remaining 119 miles of roads in Randolph are the responsibility of Randolph Township. Maintaining all of these roads throughout the year is a high priority.

The summer months are a busy time for road resurfacing projects. In Randolph, the process for determining which roads are resurfaced is done in an objective and thoughtful manner. Each year, the Engineering and Public Works Departments conduct a thorough assessment of Township roads. The roads are inspected, evaluated and ranked according to their need for repair. A cost for each road repair project is also estimated based on the length of the road, the cost of materials, labor costs, etc. As part of the annual budgeting process, the Township Council allocates overall funding for road improvements. The amount of funding allocated ultimately determines how many of the projects can be completed each year. The funding is allocated to the projects beginning with those most in need until the funding is exhausted.

In 2020, the Township Council allocated almost \$1 million to fund 24 different road resurfacing projects. The projects are put out to bid and the majority of the work is completed during the summer months. Each year the roads are re-evaluated so that the ranking of roads needing repairs is updated based on current conditions. In the last several years, the Township Council has increased funding for road repair projects and has been paying for the projects on a cash basis, rather than incurring long-term debt.

Included in the 2020 road program are several projects that the Township

is completing in conjunction with New Jersey Natural Gas. These include streets where recent utility work projects led to portions of the road being disrupted. The gas company is working with the Township to restore the roads in a partnership that allows us to stretch the funds allocated for road projects even further.

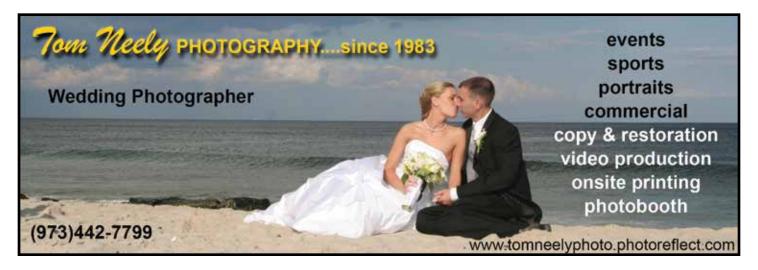
In 2020, Morris County has also provided funding to repair portions of two county roads located in Randolph. They include Quaker Church Road between Dover Chester Road and Reservoir Road and also the portion of Reservoir Avenue located between Quaker Church Road and Hawthorne Street.

While the six miles of State Route 10 that run through Randolph represent a small portion of the total miles of roads in the Township, those six miles account for perhaps the greatest traffic flow in Randolph. Township officials have been in discussions with representatives from the New Jersey State Department of Transportation to advocate for improvements to the Route 10 corridor intersections that fall within Randolph in order to ease congestion and improve traffic flow.

While most road repair work takes place during the summer months, the focus at other times of the year shifts to addressing winter weather conditions. The Randolph Department of Public Works (DPW) maintains Township roads during the winter months by removing snow and ice to keep roads open whenever possible. The DPW monitors weather forecasts and often pretreats roads with a salt brine product before an imminent storm. This pretreatment helps to keep the snow and ice from bonding to the road surface and melts a small amount of snow. Once a snowstorm has begun, the DPW also treats the roads, but with a different product that melts snow and ice for longer periods of time and is effective well into the negative temperatures. Of course, when the snow accumulation warrants, the DPW works long hours plowing the roads with their fleet of 35 vehicles.

As with road repairs and maintenance, the State of New Jersey and Morris County are responsible for snow removal on Route 10 and the county roads that are located in Randolph.

Thanks to the outstanding work of many, Randolph residents can enjoy the well-maintained network of roads in Randolph.



PRECAUTIONARY MEASURES

At Brightview, we've been looking at everything that we do – visitor screening, dining, activities, health, and wellness – to make sure we are in compliance with the protocol recommended by the Centers for Disease Control and Prevention (CDC) and our state Department of Health. Here are some of the things we've implemented as of this writing on 3/24/2020:

VISITORS

 We have closed the community to all nonessential visitors, including families, and have encouraged residents to stay in the community.

SCREENING:

• Everyone who enters the community, including associates, must be screened for signs of the virus. This includes taking temperatures and completing a detailed questionnaire designed to understand whether they are at higher risk of exposure. If visitors or associates don't pass the criteria, they are turned away.

VOLUNTEERS:

• So many wonderful people have contacted us to ask how they can help our residents and teams during these challenging times. We are working on a volunteer program for people who want to provide assistance for our residents, such as shopping and running other offsite errands. Rest assured that all volunteers will drop their goodies outside the front door of our community to keep out any germs! More details about how you can participate in our volunteer program will be communicated through our website. (www.brightviewseniorliving.com)

These are unprecedented times for our community and for people around the world, but with determination, flexibility, and especially the wit and humor for which many of our residents are known, we will get past this challenge together. Thank you again for your many messages of support – they really do make a difference!

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Randolph Teens Help Feeding America by Cooking for Covid

By Sue Toth

What started as a touch of quarantine-related boredom and a love of baking turned into a project that has netted more than \$1,000 to Feeding America, thanks to two Randolph High School juniors.

Claire Doto loves to bake and hates to be bored. During the pandemic, she started baking and dropping food off to her friends. When Gili Krasner-Cohen received his goodies, he thought it might be a good idea to put Doto to work in a more helpful way.

"Gili suggested that we turn this into something that could help with COVID relief funds," Doto said.

"I saw some other people in the community doing stuff, so we wanted to help out too," Krasner-Cohen added. And so, Cooking for Covid was born.

The pair do the sign-ups through Google Forms. They have advertised the undertaking through their social media platforms. Registrants can sign up with an email or phone number. They receive a Zoom link and a list of ingredients every week, in preparation for a class on Friday afternoons.

Doto and Krasner-Cohen have requested a one-time \$10 donation for participants to come to every class. To date, they've sent their first \$1,000 donation to Feeding America. Since every dollar Feeding America receives feeds 10 people, the students have helped to serve 10,000 meals.





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So far, the classes have consisted of edible cookie dough, smoothie bowls, spaghetti and homemade meatballs and banana bread.

We make sure to keep the audience engaged every week," Doto said. "We ask them what they want to make, or we'll have a competition for decorating, and the winner gets to pick the next thing we make. Or we'll use a theme." For example, the pair used a USA theme for Memorial Day.

The cooking classes haven't just appealed to kids.

"We have some teachers that have been coming to classes," Krasner-Cohen said. "Our Physics teacher has been tuning in every week, and so has our AP research teacher. She's been helping with everything," he added.

To add to the fun, Doto and Krasner-Cohen are keeping a digital cookbook of all of the recipes they use. "We are asking for a small additional donation and we will send out the digital cookbook. We've made \$70 on that so far," Doto said.

"Our purpose is just to show that even as a HS student you can still make a difference by acting on our own passions," Doto said. "We can share with our community and create a lot of positivity."









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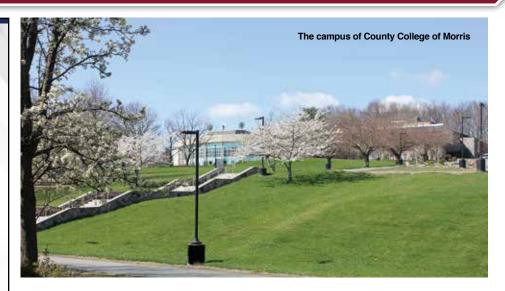
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CCM Offers Prospective Students and Parents Online Information Sessions

By Kathleen Brunet

Interested in learning more about the high-quality education provided by your community college, close to home? The County College of Morris (CCM) Admissions Office will be holding "Titan Tuesday" online information sessions every week at 7 p.m. through the summer so prospective students and parents and guardians can learn about all CCM has to offer.

Each session, hosted by an Admissions counselor, will provide participants with the opportunity to learn about the college's academic programs, transfer agreements to earn a bachelor's degree, student services and co-curricular programs. The admissions and registration process also will be covered and a questions and answers session held during each session. The Fall Semester begins on September 9. Several mini terms also are offered during the fall.

Preregistration for "Titan Tuesday" is required, which can be done at www.ccm.edu/admissions/visiting-us/. Login information to join a session will be emailed following registration.

In several sessions, the Admission staff will be joined by the college's academic deans to highlight programs in the School of Business, Mathematics, Engineering

and Technologies, the School of Health Professions and Natural Sciences and the School of Liberal Arts. A schedule of what schools will be featured during these sessions can be found on the Visiting Us website.

In addition, information will be provided on the Challenger Program that CCM provides so high school students can get a jump start on their college education.

This summer, CCM will be offering all summer classes online. The college also has moved its students support services online for summer, including The Academic Success Center (TASC), which was expanded into TASCPlus, which provides individualized online assistance from updating students on the status of classes to connecting them to a student success specialist or counselor through phone and virtual meetings. Other services the college is offering online are Academic Advisement, Online Tutoring and Live Chats with Librarians.

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It's summer, but your kids haven't been in school for months. By now, you may be running out of ideas for things to do to keep them busy--not just the little ones, but your tweens and teens too. Here are some ideas that can help you get through the summer. They can be tailored to kids of just about any age.

- 1. Teach your kids to cook. You've already cooked over 100 meals, it's time to pass the buck. Plus, This is fantastic survival skill training that will be much needed in the years to come. If they're too little to be at the stove yet, teach them to set the table, clear the table, load the dishwasher...anything that lightens your load.
- 2. Force them to go on a family walk, run or hike. This is important. Teens can't always be alone locked up in their room. It's not healthy. Get some fresh air, and walk together. They'll be surprised that other teens are out there also bonding with their families. And Randolph has some beautiful parks and trails that you can explore together.
- 3. Redecorate their room! This is a great motivator to actually "clean up" their room. Help them get rid of their school art work, books, or toys they've outgrown. Make over the room to reflect who they are now. Put up a fresh coat of paint with grownup shades of blues, grays or a pop of their favorite color but in an age appropriate or sophisticated way so you avoid having to repaint again.
- 4. Take out a deck of cards. Teach the kids Spit, Go Fish or Rummy.
- **5. Keep Family Movie Night a tradition.** Pick a day during the week and make that your family movie time. Start with the classics.
- 6. Have a Girls' Spa night. Moms and girls can make an elaborate or a simple spa night. If simple, face masks will do the trick; sit for 20 minutes and voila, you'll be glowing and relaxed. Or do it all, mini facial, mani pedi, hot rollers, makeup. Maybe even a massage.
- Set up a home gym and work out together. Set up some time, find a half hour routine on YouTube and just do it.

- 8. Start some sports drills with them and make it a game...basketball hoop, soccer drills, or badminton. Play catch with glove and ball. Remember the day when they were five years old, and you played catch. You can make it a family catch with mom, dad, teens. add a twist to it. Anyone who drops the ball has to clean the dishes.
- 9. Watch a full broadway musical together. The Shows Must Go On! broadcasts performances every Friday at 7PM. You can find full performances from some of the best loved musicals in history!
- 10. Build a new garden. What about a brand new tomato patch, herb garden, rock garden, or something fancier like a Zen garden.
- **11. Find a good DIY project to do together.** Find slightly challenging ones so when you're done, you both end up amazed with what you've done.
- 12. Sew fun masks. Make them fun, and use different patterns or add words. You may end up so creative that you can make them for others. We'll all be wearing face masks into the near future.
- 13. Create your own puzzles, mazes, crossword, word search. Don't just do them. There are online programs that can do this and it's plenty fun. Pick the theme, covid19 for instance, and have the family come up with all the words that are relevant, then use them in your puzzles. Have the family make one for each other.
- 14. Find an outdoor game if you have a big enough backyard. Spike ball, ring toss, slap tennis...If you don't have a yard game handy, you can probably make one.
- 15. Teach them budgeting and personal finance. Now with limited money, since both parents may be out of jobs, this isn't a bad time to list out the basic necessities and the cost of each. Then list out discretionary expenses. Set a budget and try to stick with it. Make decisions together. You can make this as simple or complicated as needed, based on their ages.
- 16. Plan a future family vacation. Dream big together.
- 17. Take out the old baby photos and reminisce. You might embarrass your teenager, but isn't that what parents are for?

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